

# Protokoll

## Kreuznacher Stadtwerke-Cup 2024 Abschnitt 1 am 11.05.2024

Veranstalter: SFC Nahetal 05 e.V.  
Ausrichter: SFC Nahetal 05 e.V.

### Wettkampfbecken

6 Bahnen á 25m  
Wellenkiller-Leinen  
Wassertemperatur ca. 28°C  
Handzeitnahme

### Abschnittsdaten

Einlass: 8:00  
Einschwimmen: 8:00  
Kari-Sitzung: 8:15  
Beginn: 9:00

### Schwimmbadadresse

Salinenbad (Hallenbad)  
Saline Theodorshalle 17  
55543 Bad Kreuznach

## Abschnitt 1 - Samstag 11.05.2024

Einlass: 08:00 Uhr | Einschwimmen: 08:00 Uhr | Kampfrichtersitzung: 08:15 Uhr  
 Beginn: 09:00 Uhr

### Kampfgericht Abschnitt 1

|                   |                   |                   |
|-------------------|-------------------|-------------------|
| Schiedsrichter 1  | Wolfgang Kugel    | TG Konz           |
| Starter 1         | Martin Raber      | TV 1848 Oberstein |
| Schwimmrichter 1  | Martin Raber      | TV 1848 Oberstein |
| Schwimmrichter 2  | Awad Bashar       | SG Rhein-Mosel    |
| Sprecher 1        | Stefan Nerbas     | SFC Nahetal 05    |
| Auswerter 1       | Alexander Schmid  | SFC Nahetal 05    |
| Auswerter 2       | Constantin Keitel | SFC Nahetal 05    |
| Protokollführer   | Jörg Schmid       | SFC Nahetal 05    |
| Wettkampfhelfer 1 | Ines Schmidt      | SFC Nahetal 05    |

### Zielgericht

|                   |                    |                          |
|-------------------|--------------------|--------------------------|
| Zielrichterobmann | Jens Kaffine       | SFC Nahetal 05           |
| Zielrichter 1     | Jens Kaffine       | SFC Nahetal 05           |
| Zielrichter 2     | Alexander Schnaidt | Mainzer Schwimmverein 01 |
| Zielrichter 3     | Lyudmyla Pinckev   | Schwimm-Team Bingerbrück |

### Zeitgericht 1

|                     |                 |                          |
|---------------------|-----------------|--------------------------|
| Zeitnehmerobmann    | Andreas Huhn    | VfR Simmern              |
| Zeitnehmer Bahn 1   | Jörn Krause     | SFC Nahetal 05           |
| Zeitnehmer Bahn 2   | Jessica Nissen  | TV 08 Baumbach           |
| Zeitnehmer Bahn 3   | Sascha Hawranke | White Sharks BKS e.V.    |
| Zeitnehmer Bahn 4   | Stefanie Gorgas | Mainzer Schwimmverein 01 |
| Zeitnehmer Bahn 5   | Kerstin Spilter | Schwimm-Team Bingerbrück |
| Zeitnehmer Bahn 6   | Mona Gutberlet  | SG Rhein-Mosel           |
| Reservezeitnehmer 1 | Marc Hatzel     | SG Rhein-Mosel           |

### Wendegericht

|                     |                      |                       |
|---------------------|----------------------|-----------------------|
| Wenderichter Obmann | Kai-Uwe Pflügl       | SFC Nahetal 05        |
| Wenderichter Bahn 1 | Sandra Trapp         | VfR Simmern           |
| Wenderichter Bahn 2 | Sandra Trapp         | VfR Simmern           |
| Wenderichter Bahn 3 | Kai-Uwe Pflügl       | SFC Nahetal 05        |
| Wenderichter Bahn 4 | Kai-Uwe Pflügl       | SFC Nahetal 05        |
| Wenderichter Bahn 5 | Anja Worland-Thiel   | White Sharks BKS e.V. |
| Wenderichter Bahn 6 | Dorota Kania-Schäfer | White Sharks BKS e.V. |

### Hospitationen

|         |               |                |
|---------|---------------|----------------|
| ZN z.A. | Sophie Huber  | TSG Zellertal  |
| WR z.A. | Thomas Pöpke  | SFC Nahetal 05 |
| WR z.A. | Alexa List    |                |
| SR z.A. | Lisanne Werle | SFC Nahetal 05 |

Mit freundlicher Unterstützung von:



## Wettkampffolge für Abschnitt 1

- Wettkampf 1 - 400m Freistil weiblich
- Wettkampf 2 - 400m Freistil männlich
- Wettkampf 3 - 400m Freistil weiblich - Masters
- Wettkampf 4 - 400m Freistil männlich - Masters
- Wettkampf 5 - 200m Rücken weiblich
- Wettkampf 6 - 200m Rücken männlich
- Wettkampf 7 - 200m Rücken weiblich - Masters
- Wettkampf 8 - 200m Rücken männlich - Masters
- Wettkampf 9 - 200m Schmetterling weiblich
- Wettkampf 10 - 200m Schmetterling männlich
- Wettkampf 11 - 200m Schmetterling weiblich - Masters
- Wettkampf 12 - 200m Schmetterling männlich - Masters
- Wettkampf 13 - 800m Freistil weiblich
- Wettkampf 14 - 800m Freistil männlich
- Wettkampf 15 - 800m Freistil weiblich - Masters
- Wettkampf 16 - 800m Freistil männlich - Masters

## Wettkampf 1 - 400m Freistil weiblich

### Jahrgang 2014

1. Marla Jüngt                      2014      SG Rhein-Mosel                      06:53,94    180  
 100m: 01:38,23 (01:38,23) | 200m: 03:25,53 (01:47,30) | 300m: 05:11,48 (01:45,95)  
 400m: 06:53,94 (01:42,46)
2. Johanna Nissen                2014      TV 08 Baumbach                    07:28,72    141  
 100m: 01:44,34 (01:44,34) | 200m: 03:39,64 (01:55,30) | 300m: 05:36,56 (01:56,92)  
 400m: 07:28,72 (01:52,16)
3. Leni Schäfer                    2014      VfR Simmern                        07:34,07    136  
 100m: 01:46,65 (01:46,65) | 200m: 03:42,90 (01:56,25) | 300m: 05:41,53 (01:58,63)  
 400m: 07:34,07 (01:52,54)
4. Sophie Besenius               2014      Mainzer Schwimmverein 01    08:16,38    104  
 100m: 01:51,44 (01:51,44) | 200m: 03:59,57 (02:08,13) | 300m: 06:12,35 (02:12,78)  
 400m: 08:16,38 (02:04,03)
5. Nele Heil                        2014      SFC Nahetal 05                    08:17,71    103  
 100m: 01:50,05 (01:50,05) | 200m: 03:55,80 (02:05,75) | 300m: 06:09,18 (02:13,38)  
 400m: 08:17,71 (02:08,53)
6. Marie Lunkenheimer         2014      SFC Nahetal 05                    09:32,33    68  
 100m: 02:04,80 (02:04,80) | 200m: 04:31,99 (02:27,19) | 300m: 07:09,95 (02:37,96)  
 400m: 09:32,33 (02:22,38)

### Jahrgang 2013

1. Irma Weiß                        2013      Mainzer Schwimmverein 01    06:21,59    230  
 100m: 01:31,31 (01:31,31) | 200m: 03:09,09 (01:37,78) | 300m: 04:47,37 (01:38,28)  
 400m: 06:21,59 (01:34,22)
2. Adelina Schnaidt             2013      Mainzer Schwimmverein 01    06:44,84    192  
 100m: 01:36,94 (01:36,94) | 200m: 03:20,03 (01:43,09) | 300m: 05:06,24 (01:46,21)  
 400m: 06:44,84 (01:38,60)
3. Anna Lena Kirst               2013      White Sharks BKS e.V.         06:58,18    175  
 100m: 01:35,25 (01:35,25) | 200m: 03:20,01 (01:44,76) | 300m: 05:09,07 (01:49,06)  
 400m: 06:58,18 (01:49,11)
4. Mia Onischenko               2013      White Sharks BKS e.V.         08:15,61    105  
 100m: 01:45,83 (01:45,83) | 200m: 03:56,86 (02:11,03) | 300m: 06:09,64 (02:12,78)  
 400m: 08:15,61 (02:05,97)

Mit freundlicher Unterstützung von:



## noch Wettkampf 1 - 400m Freistil weiblich

## Jahrgang 2012

1. Angelina Hryshchenko 2012 White Sharks BKS e.V. 05:48,84 301  
100m: 01:18,93 (01:18,93) | 200m: 02:46,47 (01:27,54) | 300m: 04:18,63 (01:32,16)  
400m: 05:48,84 (01:30,21)
2. Milena Wegele 2012 Mainzer Schwimmverein 01 06:01,45 271  
100m: 01:26,07 (01:26,07) | 200m: 03:00,58 (01:34,51) | 300m: 04:35,67 (01:35,09)  
400m: 06:01,45 (01:25,78)
3. Carolina Pommer 2012 SG Rhein-Mosel 06:12,16 248  
100m: 01:26,26 (01:26,26) | 200m: 03:02,24 (01:35,98) | 300m: 04:39,24 (01:37,00)  
400m: 06:12,16 (01:32,92)
4. Lina Döring 2012 TPSV Enkenbach 06:21,38 230  
100m: 01:30,47 (01:30,47) | 200m: 03:09,81 (01:39,34) | 300m: 04:47,90 (01:38,09)  
400m: 06:21,38 (01:33,48)
5. Malva-Stine Trapp 2012 VfR Simmern 06:24,94 224  
100m: 01:33,38 (01:33,38) | 200m: 03:10,60 (01:37,22) | 300m: 04:50,41 (01:39,81)  
400m: 06:24,94 (01:34,53)
6. Laura Wagner 2012 SG Rhein-Mosel 06:32,88 211  
100m: 01:31,75 (01:31,75) | 200m: 03:15,48 (01:43,73) | 300m: 05:05,95 (01:50,47)  
400m: 06:32,88 (01:26,93)

nicht am Start

Louisa Bauer 2012 SG Rhein-Mosel

## Jahrgang 2011

1. Amelie Kneifel 2011 SFC Nahetal 05 06:55,40 178  
100m: 01:29,38 (01:29,38) | 200m: 03:14,64 (01:45,26) | 300m: 05:05,18 (01:50,54)  
400m: 06:55,40 (01:50,22)
2. Amelie Sühling 2011 Mainzer Schwimmverein 01 06:56,86 176  
100m: 01:36,78 (01:36,78) | 200m: 03:24,28 (01:47,50) | 300m: 05:13,05 (01:48,77)  
400m: 06:56,86 (01:43,81)

## Jahrgang 2010

1. Martha Luise Blum 2010 SG Rhein-Mosel 05:11,19 424  
100m: 01:13,03 (01:13,03) | 200m: 02:32,88 (01:19,85) | 300m: 03:53,78 (01:20,90)  
400m: 05:11,19 (01:17,41)
2. Elena Wald 2010 SG Rhein-Mosel 05:30,25 355  
100m: 01:14,75 (01:14,75) | 200m: 02:37,87 (01:23,12) | 300m: 04:04,37 (01:26,50)  
400m: 05:30,25 (01:25,88)

## Jahrgang 2009

1. Lisanne Zoe Haas 2009 SG Rhein-Mosel 05:43,26 316  
100m: 01:17,66 (01:17,66) | 200m: 02:45,46 (01:27,80) | 300m: 04:15,38 (01:29,92)  
400m: 05:43,26 (01:27,88)

## Jahrgang 2008

1. Sara Spira 2008 SG EWR Rheinhessen-Mainz 05:07,67 439  
100m: 01:14,56 (01:14,56) | 200m: 02:34,20 (01:19,64) | 300m: 03:52,20 (01:18,00)  
400m: 05:07,67 (01:15,47)
2. Hannah Takar 2008 VfR Simmern 05:34,84 340  
100m: 01:17,41 (01:17,41) | 200m: 02:44,20 (01:26,79) | 300m: 04:12,02 (01:27,82)  
400m: 05:34,84 (01:22,82)

Mit freundlicher Unterstützung von:



**noch Wettkampf 1 - 400m Freistil weiblich****Jahrgang 2006 und älter**

1. Lisa Krause 2006 SFC Nahetal 05 05:59,54 275  
 100m: 01:20,24 (01:20,24) | 200m: 02:52,40 (01:32,16) | 300m: 04:27,75 (01:35,35)  
 400m: 05:59,54 (01:31,79)

**Wettkampf 2 - 400m Freistil männlich****Jahrgang 2014**

1. Ole Lennard Grethe 2014 Mainzer Schwimmverein 01 06:41,83 147  
 100m: 01:37,14 (01:37,14) | 200m: 03:19,58 (01:42,44) | 300m: 05:03,30 (01:43,72)  
 400m: 06:41,83 (01:38,53)
2. Emil Freund 2014 TV 08 Baumbach 06:44,29 144  
 100m: 01:34,88 (01:34,88) | 200m: 03:19,10 (01:44,22) | 300m: 05:03,94 (01:44,84)  
 400m: 06:44,29 (01:40,35)
3. Leon Van Parys 2014 Mainzer Schwimmverein 01 06:46,89 141  
 100m: 01:32,79 (01:32,79) | 200m: 03:16,87 (01:44,08) | 300m: 05:03,87 (01:47,00)  
 400m: 06:46,89 (01:43,02)
4. Patrice Pöppke 2014 SFC Nahetal 05 06:48,85 139  
 100m: 01:33,10 (01:33,10) | 200m: 03:19,87 (01:46,77) | 300m: 05:04,99 (01:45,12)  
 400m: 06:48,85 (01:43,86)
5. Maximilian Schäfer 2014 VfR Simmern 06:53,43 135  
 100m: 01:40,73 (01:40,73) | 200m: 03:28,70 (01:47,97) | 300m: 05:15,03 (01:46,33)  
 400m: 06:53,43 (01:38,40)
6. Marlon Spence 2014 SG Rhein-Mosel 07:45,68 94  
 100m: 01:44,66 (01:44,66) | 200m: 03:46,21 (02:01,55) | 300m: 05:50,81 (02:04,60)  
 400m: 07:45,68 (01:54,87)

**Jahrgang 2013**

1. Benjamin Gorgas 2013 Mainzer Schwimmverein 01 05:57,28 209  
 100m: 01:25,47 (01:25,47) | 200m: 02:58,83 (01:33,36) | 300m: 04:31,87 (01:33,04)  
 400m: 05:57,28 (01:25,41)
2. Mateo Markovic 2013 SG Rhein-Mosel 06:34,48 155  
 100m: 01:32,30 (01:32,30) | 200m: 03:15,36 (01:43,06) | 300m: 04:57,14 (01:41,78)  
 400m: 06:34,48 (01:37,34)
3. Lennard Altpeter 2013 SG Rhein-Mosel 07:08,37 121  
 100m: 01:37,76 (01:37,76) | 200m: 03:28,38 (01:50,62) | 300m: 05:19,05 (01:50,67)  
 400m: 07:08,37 (01:49,32)
4. Sean-Connor Valerius 2013 White Sharks BKS e.V. 08:16,25 78  
 100m: 01:59,59 (01:59,59) | 200m: 04:09,97 (02:10,38) | 300m: 06:18,09 (02:08,12)  
 400m: 08:16,25 (01:58,16)

**Jahrgang 2012**

1. Sebastian Hawranke 2012 White Sharks BKS e.V. 05:38,43 246  
 100m: 01:20,74 (01:20,74) | 200m: 02:47,77 (01:27,03) | 300m: 04:13,95 (01:26,18)  
 400m: 05:38,43 (01:24,48)
2. Patrick Spiller 2012 Schwimm-Team Bingerbrück 05:42,91 237  
 100m: 01:18,63 (01:18,63) | 200m: 02:46,03 (01:27,40) | 300m: 04:15,70 (01:29,67)  
 400m: 05:42,91 (01:27,21)

Mit freundlicher Unterstützung von:



## noch Wettkampf 2 - 400m Freistil männlich

### Jahrgang 2011

1. Nick Schulz 2011 White Sharks BKS e.V. 05:31,16 263  
100m: 01:15,64 (01:15,64) | 200m: 02:38,54 (01:22,90) | 300m: 04:04,53 (01:25,99)  
400m: 05:31,16 (01:26,63)
2. Alexander Thiel 2011 White Sharks BKS e.V. 05:35,96 252  
100m: 01:18,34 (01:18,34) | 200m: 02:45,71 (01:27,37) | 300m: 04:12,31 (01:26,60)  
400m: 05:35,96 (01:23,65)
3. Younes Dejon 2011 Schwimm-Team Bingerbrück 05:47,44 227  
100m: 01:19,61 (01:19,61) | 200m: 02:49,86 (01:30,25) | 300m: 04:20,48 (01:30,62)  
400m: 05:47,44 (01:26,96)
4. Andi Liu 2011 White Sharks BKS e.V. 05:58,86 206  
100m: 01:24,91 (01:24,91) | 200m: 03:00,58 (01:35,67) | 300m: 04:37,24 (01:36,66)  
400m: 05:58,86 (01:21,62)

### Jahrgang 2010

1. Mika Köhler 2010 Schwimm-Team Bingerbrück 04:40,79 431  
100m: 01:07,44 (01:07,44) | 200m: 02:19,76 (01:12,32) | 300m: 03:30,78 (01:11,02)  
400m: 04:40,79 (01:10,01)
2. Jonas Altpeter 2010 SG Rhein-Mosel 05:50,37 222  
100m: 01:22,12 (01:22,12) | 200m: 02:53,13 (01:31,01) | 300m: 04:24,56 (01:31,43)  
400m: 05:50,37 (01:25,81)

### Jahrgang 2008

1. Erik Salewsky 2008 SG Rhein-Mosel 04:20,08 543  
100m: 01:00,57 (01:00,57) | 200m: 02:06,58 (01:06,01) | 300m: 03:13,77 (01:07,19)  
400m: 04:20,08 (01:06,31)
2. Simeon Liam Hetzel 2008 SG Rhein-Mosel 04:34,53 462  
100m: 01:01,34 (01:01,34) | 200m: 02:10,84 (01:09,50) | 300m: 03:22,77 (01:11,93)  
400m: 04:34,53 (01:11,76)

### Jahrgang 2007

1. Paul Kaffine 2007 SFC Nahetal 05 04:49,82 392  
100m: 01:03,49 (01:03,49) | 200m: 02:15,68 (01:12,19) | 300m: 03:32,40 (01:16,72)  
400m: 04:49,82 (01:17,42)
2. Mauritz Trapp 2007 VfR Simmern 05:19,98 291  
100m: 01:16,26 (01:16,26) | 200m: 02:37,98 (01:21,72) | 300m: 04:01,31 (01:23,33)  
400m: 05:19,98 (01:18,67)

### Jahrgang 2006 und älter

1. Noah Döring 2005 TPSV Enkenbach 04:46,72 405  
100m: 01:05,78 (01:05,78) | 200m: 02:19,03 (01:13,25) | 300m: 03:33,94 (01:14,91)  
400m: 04:46,72 (01:12,78)

#### nicht am Start

Dominik Scherer 2002 VfR Simmern

## Wettkampf 3 - 400m Freistil weiblich - Masters

Keine Meldungen

Mit freundlicher Unterstützung von:



**Wettkampf 4 - 400m Freistil männlich - Masters****AK 20**

1. Leon Binder 2001/AK 20 SFC Nahetal 05 05:33,53 389  
 100m: 01:11,84 (01:11,84) | 200m: 02:34,89 (01:23,05) | 300m: 04:04,46 (01:29,57)  
 400m: 05:33,53 (01:29,07)

**AK 30**

1. Philipp Hoffmann 1992/AK 30 Idarer TV 05:53,43 314  
 100m: 01:16,48 (01:16,48) | 200m: 02:44,68 (01:28,20) | 300m: 04:19,06 (01:34,38)  
 400m: 05:53,43 (01:34,37)

**AK 35**

1. Kai Holzkamm 1986/AK 35 TPSV Enkenbach 05:01,37 520  
 100m: 01:09,00 (01:09,00) | 200m: 02:26,33 (01:17,33) | 300m: 03:44,13 (01:17,80)  
 400m: 05:01,37 (01:17,24)

**AK 45**

1. Michal Kowalik 1976/AK 45 SFC Nahetal 05 06:32,84 245  
 100m: 01:24,74 (01:24,74) | 200m: 03:06,83 (01:42,09) | 300m: 04:52,17 (01:45,34)  
 400m: 06:32,84 (01:40,67)

disqualifiziert

Tim Schulz 1975/AK 45 White Sharks BKS e.V.  
 Der Sportler hat aufgegeben.  
 Uhrzeit der Bekanntgabe: 10:20

**AK 50**

1. Frank Gruner 1970/AK 50 SCW Eschborn 04:13,06 1012  
 100m: 01:00,48 (01:00,48) | 200m: 02:04,85 (01:04,37) | 300m: 03:09,19 (01:04,34)  
 400m: 04:13,06 (01:03,87)

**Wettkampf 5 - 200m Rücken weiblich****Jahrgang 2014**

1. Sophie Besenius 2014 Mainzer Schwimmverein 01 03:49,12 139  
 100m: 01:49,59 (01:49,59) | 200m: 03:49,12 (01:59,53)

nicht am Start

Lia Schamberger 2014 VfR Simmern

disqualifiziert

Johanna Nissen 2014 TV 08 Baumbach  
 Die Sportlerin war beim Zielanschlag nicht in Rückenlage.  
 Uhrzeit der Bekanntgabe: 10:18

**Jahrgang 2013**

1. Irma Weiß 2013 Mainzer Schwimmverein 01 03:26,10 192  
 100m: 01:43,15 (01:43,15) | 200m: 03:26,10 (01:42,95)  
 2. Adelina Schnaidt 2013 Mainzer Schwimmverein 01 03:37,44 163  
 100m: 01:46,91 (01:46,91) | 200m: 03:37,44 (01:50,53)

Mit freundlicher Unterstützung von:





## noch Wettkampf 5 - 200m Rücken weiblich

## Jahrgang 2012

- |   |      |                          |          |     |
|---|------|--------------------------|----------|-----|
| 1. Milena Wegele                                      | 2012 | Mainzer Schwimmverein 01 | 03:08,28 | 252 |
| 100m: 01:32,65 (01:32,65)   200m: 03:08,28 (01:35,63) |      |                          |          |     |

## Jahrgang 2011

- |   |      |                          |          |     |
|---|------|--------------------------|----------|-----|
| 1. Linnéa Sofie Lehmann                               | 2011 | White Sharks BKS e.V.    | 02:49,76 | 343 |
| 100m: 01:21,56 (01:21,56)   200m: 02:49,76 (01:28,20) |      |                          |          |     |
| 2. Julia Awad   | 2011 | SG Rhein-Mosel           | 03:00,89 | 284 |
| 100m: 01:24,24 (01:24,24)   200m: 03:00,89 (01:36,65) |      |                          |          |     |
| 3. Sofi Zupanjac                                      | 2011 | SG Rhein-Mosel           | 03:06,24 | 260 |
| 100m: 01:31,64 (01:31,64)   200m: 03:06,24 (01:34,60) |      |                          |          |     |
| 4. Theresa Mader                                      | 2011 | SG Rhein-Mosel           | 03:06,55 | 259 |
| 100m: 01:31,08 (01:31,08)   200m: 03:06,55 (01:35,47) |      |                          |          |     |
| 5. Magdalena Schmidt                                  | 2011 | Schwimm-Team Bingerbrück | 03:17,93 | 216 |
| 100m: 01:33,64 (01:33,64)   200m: 03:17,93 (01:44,29) |      |                          |          |     |
| 6. Amelie Sühling                                     | 2011 | Mainzer Schwimmverein 01 | 04:03,04 | 117 |
| 100m: 01:56,25 (01:56,25)   200m: 04:03,04 (02:06,79) |      |                          |          |     |

## Jahrgang 2010

- |   |      |                |          |     |
|---|------|----------------|----------|-----|
| 1. Lia Alejos Flores                                  | 2010 | VfR Simmern    | 02:43,64 | 383 |
| 100m: 01:19,81 (01:19,81)   200m: 02:43,64 (01:23,83) |      |                |          |     |
| 2. Elena Wald   | 2010 | SG Rhein-Mosel | 02:51,57 | 333 |
| 100m: 01:24,13 (01:24,13)   200m: 02:51,57 (01:27,44) |      |                |          |     |

abgemeldet

|              |      |                |
|--------------|------|----------------|
| Melina Stark | 2010 | SG Rhein-Mosel |
|--------------|------|----------------|

## Jahrgang 2009

- |   |      |                          |          |     |
|---|------|--------------------------|----------|-----|
| 1. Katharina Traut                                    | 2009 | Schwimm-Team Bingerbrück | 02:35,56 | 446 |
| 100m: 01:14,38 (01:14,38)   200m: 02:35,56 (01:21,18) |      |                          |          |     |
| 2. Marit-Henrike Trapp                                | 2009 | VfR Simmern              | 02:53,18 | 323 |
| 100m: 01:27,34 (01:27,34)   200m: 02:53,18 (01:25,84) |      |                          |          |     |
| 3. Anna-Sophie Diederich                              | 2009 | SG Rhein-Mosel           | 02:53,41 | 322 |
| 100m: 01:23,74 (01:23,74)   200m: 02:53,41 (01:29,67) |      |                          |          |     |

## Jahrgang 2008

- |   |      |                |          |     |
|---|------|----------------|----------|-----|
| 1. Kathrin Wald                                       | 2008 | SG Rhein-Mosel | 02:31,80 | 481 |
| 100m: 01:13,83 (01:13,83)   200m: 02:31,80 (01:17,97) |      |                |          |     |
| 2. Sofie Lüfing                                       | 2008 | SG Rhein-Mosel | 02:36,09 | 442 |
| 100m: 01:15,53 (01:15,53)   200m: 02:36,09 (01:20,56) |      |                |          |     |

## Jahrgang 2007

- |   |      |                |          |     |
|---|------|----------------|----------|-----|
| 1. Emelie Braun                                       | 2007 | TV 08 Baumbach | 02:55,13 | 313 |
| 100m: 01:24,07 (01:24,07)   200m: 02:55,13 (01:31,06) |      |                |          |     |

## Jahrgang 2006 und älter

- |   |      |                |          |     |
|---|------|----------------|----------|-----|
| 1. Elisa Gross  | 2005 | SG Rhein-Mosel | 02:42,18 | 394 |
| 100m: 01:17,34 (01:17,34)   200m: 02:42,18 (01:24,84) |      |                |          |     |
| 2. Lina Müller  | 2006 | VfR Simmern    | 02:46,35 | 365 |
| 100m: 01:18,46 (01:18,46)   200m: 02:46,35 (01:27,89) |      |                |          |     |

Mit freundlicher Unterstützung von:





## Wettkampf 6 - 200m Rücken männlich

## Jahrgang 2014

|   |      |                          |          |     |
|---|------|--------------------------|----------|-----|
| 1. Emil Freund  | 2014 | TV 08 Baumbach           | 03:30,39 | 126 |
| 100m: 01:42,81 (01:42,81)   200m: 03:30,39 (01:47,58) |      |                          |          |     |
| 2. Maximilian Schäfer                                 | 2014 | VfR Simmern              | 03:39,14 | 111 |
| 100m: 01:48,53 (01:48,53)   200m: 03:39,14 (01:50,61) |      |                          |          |     |
| 3. Leon Van Parys                                     | 2014 | Mainzer Schwimmverein 01 | 03:40,53 | 109 |
| 100m: 01:49,43 (01:49,43)   200m: 03:40,53 (01:51,10) |      |                          |          |     |
| 4. Ole Lennard Grethe                                 | 2014 | Mainzer Schwimmverein 01 | 03:44,80 | 103 |
| 100m: 01:52,18 (01:52,18)   200m: 03:44,80 (01:52,62) |      |                          |          |     |
| 5. Jannik Schuhmacher                                 | 2014 | VfR Simmern              | 04:39,03 | 54  |
| 100m: 02:19,94 (02:19,94)   200m: 04:39,03 (02:19,09) |      |                          |          |     |

## Jahrgang 2013

|   |      |                          |          |     |
|---|------|--------------------------|----------|-----|
| 1. Benjamin Gorgas                                    | 2013 | Mainzer Schwimmverein 01 | 03:15,34 | 158 |
| 100m: 01:37,34 (01:37,34)   200m: 03:15,34 (01:38,00) |      |                          |          |     |
| 2. Lennard Altpeter                                   | 2013 | SG Rhein-Mosel           | 03:55,31 | 90  |
| 100m: 01:54,78 (01:54,78)   200m: 03:55,31 (02:00,53) |      |                          |          |     |

## Jahrgang 2012

|   |      |                |          |     |
|---|------|----------------|----------|-----|
| 1. Ben-Luca Derr                                      | 2012 | SG Rhein-Mosel | 03:06,63 | 181 |
| 100m: 01:31,03 (01:31,03)   200m: 03:06,63 (01:35,60) |      |                |          |     |

## Jahrgang 2011

|   |      |                          |          |     |
|---|------|--------------------------|----------|-----|
| 1. Robert Pineker                                     | 2011 | Schwimm-Team Bingerbrück | 02:50,39 | 238 |
| 100m: 01:23,70 (01:23,70)   200m: 02:50,39 (01:26,69) |      |                          |          |     |
| 2. Moritz Ratzenberger                                | 2011 | SG Rhein-Mosel           | 03:25,63 | 135 |
| 100m: 01:40,73 (01:40,73)   200m: 03:25,63 (01:44,90) |      |                          |          |     |

## Jahrgang 2010

|   |      |                          |          |     |
|---|------|--------------------------|----------|-----|
| 1. Mika Köhler  | 2010 | Schwimm-Team Bingerbrück | 02:26,93 | 371 |
| 100m: 01:11,98 (01:11,98)   200m: 02:26,93 (01:14,95) |      |                          |          |     |
| 2. Simon Marx   | 2010 | SG Rhein-Mosel           | 02:47,97 | 248 |
| 100m: 01:21,41 (01:21,41)   200m: 02:47,97 (01:26,56) |      |                          |          |     |

## Jahrgang 2009

|   |      |                          |          |     |
|---|------|--------------------------|----------|-----|
| 1. Maxim Stuckert                                     | 2009 | Schwimm-Team Bingerbrück | 02:40,46 | 285 |
| 100m: 01:18,35 (01:18,35)   200m: 02:40,46 (01:22,11) |      |                          |          |     |
| 2. Philip Spiller                                     | 2009 | Schwimm-Team Bingerbrück | 02:44,30 | 265 |
| 100m: 01:19,02 (01:19,02)   200m: 02:44,30 (01:25,28) |      |                          |          |     |

## Jahrgang 2008

|   |      |                          |          |     |
|---|------|--------------------------|----------|-----|
| 1. Jonas Hackert                                      | 2008 | Schwimm-Team Bingerbrück | 02:31,68 | 337 |
| 100m: 01:13,07 (01:13,07)   200m: 02:31,68 (01:18,61) |      |                          |          |     |
| 2. Joran Spence                                       | 2008 | SG Rhein-Mosel           | 02:34,45 | 319 |
| 100m: 01:15,53 (01:15,53)   200m: 02:34,45 (01:18,92) |      |                          |          |     |

Mit freundlicher Unterstützung von:



**Wettkampf 7 - 200m Rücken weiblich - Masters****AK 20**

- |   |            |                |          |     |
|---|------------|----------------|----------|-----|
| 1. Lena Krause  | 2004/AK 20 | SFC Nahetal 05 | 02:56,87 | 413 |
| 100m: 01:26,84 (01:26,84)   200m: 02:56,87 (01:30,03) |            |                |          |     |

**Wettkampf 8 - 200m Rücken männlich - Masters****AK 65**

- |   |            |                     |          |     |
|---|------------|---------------------|----------|-----|
| 1. Günther Brod                                       | 1959/AK 65 | SSG Saar Max Ritter | 04:03,53 | 271 |
| 100m: 02:02,35 (02:02,35)   200m: 04:03,53 (02:01,18) |            |                     |          |     |

**Wettkampf 9 - 200m Schmetterling weiblich****Jahrgang 2012**

- |   |      |                |          |     |
|---|------|----------------|----------|-----|
| 1. Lina Döring  | 2012 | TPSV Enkenbach | 03:44,87 | 150 |
| 100m: 01:48,13 (01:48,13)   200m: 03:44,87 (01:56,74) |      |                |          |     |

**Jahrgang 2008**

- |   |      |             |          |     |
|---|------|-------------|----------|-----|
| 1. Valeria Alejos Flores                              | 2008 | VfR Simmern | 02:46,84 | 368 |
| 100m: 01:15,72 (01:15,72)   200m: 02:46,84 (01:31,12) |      |             |          |     |

**Jahrgang 2007**

- |   |      |                |          |     |
|---|------|----------------|----------|-----|
| 1. Emelie Braun                                       | 2007 | TV 08 Baumbach | 02:59,87 | 294 |
| 100m: 01:22,04 (01:22,04)   200m: 02:59,87 (01:37,83) |      |                |          |     |

**Jahrgang 2006 und älter**

- |   |      |                |          |     |
|---|------|----------------|----------|-----|
| 1. Juli Clara Schmell                                 | 2006 | SG Rhein-Mosel | 02:31,88 | 488 |
| 100m: 01:11,39 (01:11,39)   200m: 02:31,88 (01:20,49) |      |                |          |     |
| 2. Jule Huhn  | 2006 | VfR Simmern    | 02:43,84 | 389 |
| 100m: 01:15,68 (01:15,68)   200m: 02:43,84 (01:28,16) |      |                |          |     |
| 3. Hoái-An Elena Nguyen                               | 2006 | SFC Nahetal 05 | 03:46,63 | 147 |
| 100m: 01:32,73 (01:32,73)   200m: 03:46,63 (02:13,90) |      |                |          |     |

**Wettkampf 10 - 200m Schmetterling männlich****Jahrgang 2011**

- |   |      |                |          |     |
|---|------|----------------|----------|-----|
| 1. Moritz Mand  | 2011 | SG Rhein-Mosel | 03:04,32 | 202 |
| 100m: 01:23,77 (01:23,77)   200m: 03:04,32 (01:40,55) |      |                |          |     |

**Jahrgang 2008**

- |   |      |                |          |     |
|---|------|----------------|----------|-----|
| 1. Pascal Theß  | 2008 | SG Rhein-Mosel | 02:34,11 | 346 |
| 100m: 01:09,17 (01:09,17)   200m: 02:34,11 (01:24,94) |      |                |          |     |

**Jahrgang 2007**

- |   |      |                |          |     |
|---|------|----------------|----------|-----|
| 1. Paul Kaffine                                       | 2007 | SFC Nahetal 05 | 02:34,84 | 341 |
| 100m: 01:08,71 (01:08,71)   200m: 02:34,84 (01:26,13) |      |                |          |     |

**Wettkampf 11 - 200m Schmetterling weiblich - Masters**

Keine Meldungen

**Wettkampf 12 - 200m Schmetterling männlich - Masters**

Mit freundlicher Unterstützung von:



## noch Wettkampf 12 - 200m Schmetterling männlich - Masters

### AK 30

1. Philipp Hoffmann 1992/AK 30 Idarer TV 03:24,70 222  
100m: 01:29,43 (01:29,43) | 200m: 03:24,70 (01:55,27)

### AK 55

1. Birger Schubert 1965/AK 55 SG Rhein-Mosel 02:47,58 570  
100m: 01:18,64 (01:18,64) | 200m: 02:47,58 (01:28,94)

## Wettkampf 13 - 800m Freistil weiblich

### Jahrgang 2012

1. Milena Wegele 2012 Mainzer Schwimmverein 01 12:45,36 245  
100m: 01:31,36 (01:31,36) | 200m: 03:06,48 (01:35,12) | 300m: 04:43,76 (01:37,28)  
400m: 06:21,35 (01:37,59) | 500m: 08:00,18 (01:38,83) | 600m: 09:38,18 (01:38,00)  
700m: 11:14,39 (01:36,21) | 800m: 12:45,36 (01:30,97)

### Jahrgang 2011

1. Theresa Mader 2011 SG Rhein-Mosel 12:34,74 256  
100m: 01:25,64 (01:25,64) | 200m: 03:01,75 (01:36,11) | 300m: 04:39,04 (01:37,29)  
400m: 06:15,95 (01:36,91) | 500m: 07:52,33 (01:36,38) | 600m: 09:29,34 (01:37,01)  
700m: 11:05,96 (01:36,62) | 800m: 12:34,74 (01:28,78)
2. Magdalena Schmidt 2011 Schwimm-Team Bingerbrück 13:15,26 218  
100m: 01:29,54 (01:29,54) | 200m: 03:08,85 (01:39,31) | 300m: 04:48,50 (01:39,65)  
400m: 06:29,38 (01:40,88) | 500m: 08:11,81 (01:42,43) | 600m: 09:53,78 (01:41,97)  
700m: 11:37,24 (01:43,46) | 800m: 13:15,26 (01:38,02)
3. Amelie Kneifel 2011 SFC Nahetal 05 14:20,65 172  
100m: 01:30,81 (01:30,81) | 200m: 03:16,64 (01:45,83) | 300m: 05:05,40 (01:48,76)  
400m: 06:57,34 (01:51,94) | 500m: 08:49,44 (01:52,10) | 600m: 10:42,65 (01:53,21)  
700m: 12:35,65 (01:53,00) | 800m: 14:20,65 (01:45,00)

### Jahrgang 2009

1. Katharina Traut 2009 Schwimm-Team Bingerbrück 10:38,23 423  
100m: 01:11,93 (01:11,93) | 200m: 02:31,20 (01:19,27) | 300m: 03:51,85 (01:20,65)  
400m: 05:13,13 (01:21,28) | 500m: 06:34,81 (01:21,68) | 600m: 07:56,80 (01:21,99)  
700m: 09:18,02 (01:21,22) | 800m: 10:38,23 (01:20,21)
2. Teresa Steinbach 2009 White Sharks BKS e.V. 10:46,63 407  
100m: 01:11,44 (01:11,44) | 200m: 02:30,69 (01:19,25) | 300m: 03:52,22 (01:21,53)  
400m: 05:15,00 (01:22,78) | 500m: 06:37,85 (01:22,85) | 600m: 08:01,35 (01:23,50)  
700m: 09:25,06 (01:23,71) | 800m: 10:46,63 (01:21,57)

### Jahrgang 2008

1. Kathrin Wald 2008 SG Rhein-Mosel 10:26,27 448  
100m: 01:11,56 (01:11,56) | 200m: 02:29,91 (01:18,35) | 300m: 03:49,73 (01:19,82)  
400m: 05:08,86 (01:19,13) | 500m: 06:29,44 (01:20,58) | 600m: 07:49,28 (01:19,84)  
700m: 09:08,55 (01:19,27) | 800m: 10:26,27 (01:17,72)

### Jahrgang 2006 und älter

1. Mirjam Schäfer 2005 White Sharks BKS e.V. 11:32,93 331  
100m: 01:15,11 (01:15,11) | 200m: 02:41,29 (01:26,18) | 300m: 04:10,06 (01:28,77)  
400m: 05:39,93 (01:29,87) | 500m: 07:09,09 (01:29,16) | 600m: 08:38,21 (01:29,12)  
700m: 10:08,24 (01:30,03) | 800m: 11:32,93 (01:24,69)

Mit freundlicher Unterstützung von:



**noch Wettkampf 13 - 800m Freistil weiblich***noch Jahrgang 2006 und älter*

|   |      |                |          |     |
|---|------|----------------|----------|-----|
| 2. Lisa Krause  | 2006 | SFC Nahetal 05 | 12:37,81 | 253 |
| 100m: 01:25,20 (01:25,20)   200m: 03:00,30 (01:35,10)   300m: 04:36,76 (01:36,46) |      |                |          |     |
| 400m: 06:10,11 (01:33,35)   500m: 07:52,15 (01:42,04)   600m: 09:30,20 (01:38,05) |      |                |          |     |
| 700m: 11:07,46 (01:37,26)   800m: 12:37,81 (01:30,35)                             |      |                |          |     |

**Wettkampf 14 - 800m Freistil männlich***Jahrgang 2013*

|   |      |                     |          |     |
|---|------|---------------------|----------|-----|
| 1. Jakob Zimmer   | 2013 | SSG Saar Max Ritter | 14:46,55 | 125 |
| 100m: 01:34,24 (01:34,24)   200m: 03:20,94 (01:46,70)   300m: 05:14,53 (01:53,59) |      |                     |          |     |
| 400m: 07:09,77 (01:55,24)   500m: 09:08,74 (01:58,97)   600m: 11:08,88 (02:00,14) |      |                     |          |     |
| 700m: 13:01,81 (01:52,93)   800m: 14:46,55 (01:44,74)                             |      |                     |          |     |

*Jahrgang 2011*

|   |      |                       |          |     |
|---|------|-----------------------|----------|-----|
| 1. Nick Schulz  | 2011 | White Sharks BKS e.V. | 11:20,59 | 276 |
| 100m: 01:19,67 (01:19,67)   200m: 02:45,44 (01:25,77)   300m: 04:11,64 (01:26,20) |      |                       |          |     |
| 400m: 05:38,03 (01:26,39)   500m: 07:04,57 (01:26,54)   600m: 08:30,61 (01:26,04) |      |                       |          |     |
| 700m: 09:56,74 (01:26,13)   800m: 11:20,59 (01:23,85)                             |      |                       |          |     |
| 2. Alexander Thiel  | 2011 | White Sharks BKS e.V. | 11:47,08 | 246 |
| 100m: 01:19,97 (01:19,97)   200m: 02:48,13 (01:28,16)   300m: 04:19,18 (01:31,05) |      |                       |          |     |
| 400m: 05:50,25 (01:31,07)   500m: 07:22,95 (01:32,70)   600m: 08:53,76 (01:30,81) |      |                       |          |     |
| 700m: 10:22,98 (01:29,22)   800m: 11:47,08 (01:24,10)                             |      |                       |          |     |
| 3. Andi Liu   | 2011 | White Sharks BKS e.V. | 13:07,25 | 178 |
| 100m: 01:24,44 (01:24,44)   200m: 03:01,26 (01:36,82)   300m: 04:41,48 (01:40,22) |      |                       |          |     |
| 400m: 06:22,76 (01:41,28)   500m: 08:05,57 (01:42,81)   600m: 09:50,45 (01:44,88) |      |                       |          |     |
| 700m: 11:35,47 (01:45,02)   800m: 13:07,25 (01:31,78)                             |      |                       |          |     |

*Jahrgang 2010*

|   |      |                          |          |     |
|---|------|--------------------------|----------|-----|
| 1. Mika Köhler  | 2010 | Schwimm-Team Bingerbrück | 09:40,69 | 445 |
| 100m: 01:10,36 (01:10,36)   200m: 02:25,34 (01:14,98)   300m: 03:39,77 (01:14,43) |      |                          |          |     |
| 400m: 04:54,13 (01:14,36)   500m: 06:07,07 (01:12,94)   600m: 07:19,84 (01:12,77) |      |                          |          |     |
| 700m: 08:31,67 (01:11,83)   800m: 09:40,69 (01:09,02)                             |      |                          |          |     |

*Jahrgang 2008*

|   |      |                          |          |     |
|---|------|--------------------------|----------|-----|
| 1. Jonas Hackert  | 2008 | Schwimm-Team Bingerbrück | 09:38,87 | 449 |
| 100m: 01:06,24 (01:06,24)   200m: 02:17,50 (01:11,26)   300m: 03:31,34 (01:13,84) |      |                          |          |     |
| 400m: 04:45,24 (01:13,90)   500m: 05:59,63 (01:14,39)   600m: 07:13,68 (01:14,05) |      |                          |          |     |
| 700m: 08:27,86 (01:14,18)   800m: 09:38,87 (01:11,01)                             |      |                          |          |     |

*Jahrgang 2006 und älter*

|   |      |                       |          |     |
|---|------|-----------------------|----------|-----|
| 1. Noah Döring  | 2005 | TPSV Enkenbach        | 10:04,03 | 395 |
| 100m: 01:08,74 (01:08,74)   200m: 02:24,96 (01:16,22)   300m: 03:41,03 (01:16,07) |      |                       |          |     |
| 400m: 04:58,07 (01:17,04)   500m: 06:15,96 (01:17,89)   600m: 07:33,83 (01:17,87) |      |                       |          |     |
| 700m: 08:50,85 (01:17,02)   800m: 10:04,03 (01:13,18)                             |      |                       |          |     |
| 2. Philipp Ertz   | 2006 | White Sharks BKS e.V. | 10:16,00 | 372 |
| 100m: 01:09,94 (01:09,94)   200m: 02:26,97 (01:17,03)   300m: 03:44,15 (01:17,18) |      |                       |          |     |
| 400m: 05:03,03 (01:18,88)   500m: 06:22,28 (01:19,25)   600m: 07:40,81 (01:18,53) |      |                       |          |     |
| 700m: 08:59,69 (01:18,88)   800m: 10:16,00 (01:16,31)                             |      |                       |          |     |

Mit freundlicher Unterstützung von:



## Wettkampf 15 - 800m Freistil weiblich - Masters

### AK 20

1. Lena Krause                    2004/AK 20 SFC Nahetal 05                    11:44,59   461  
100m: 01:20,44 (01:20,44) | 200m: 02:49,24 (01:28,80) | 300m: 04:20,03 (01:30,79)  
400m: 05:49,31 (01:29,28) | 500m: 07:19,97 (01:30,66) | 600m: 08:50,13 (01:30,16)  
700m: 10:19,25 (01:29,12) | 800m: 11:44,59 (01:25,34)

## Wettkampf 16 - 800m Freistil männlich - Masters

### AK 35

1. Kai Holzkamm                    1986/AK 35 TPSV Enkenbach                    10:29,92   541  
100m: 01:10,35 (01:10,35) | 200m: 02:28,11 (01:17,76) | 300m: 03:45,59 (01:17,48)  
400m: 05:06,05 (01:20,46) | 500m: 06:27,48 (01:21,43) | 600m: 07:49,67 (01:22,19)  
700m: 09:11,81 (01:22,14) | 800m: 10:29,92 (01:18,11)

Bad Kreuznach, den 11.05.2024

Abschnittende: 12:01 Uhr

Protokollende: 12:11 Uhr

gez. Wolfgang Kugel  
Schiedsrichter 1

gez. Jörg Schmid  
Protokollführer

Mit freundlicher Unterstützung von:

